

NEW R. 1661.
 A New Almanack and Prognostication,
 serving for the yeare of our Lord
 God and Saviour Jesus Christ, 1661.

Being the first after the BISSEXTILE
 or Leap-Year.

Wherein is contained a double Calendar
 viz. the Julian or English Account, and
 the Gregorian and Forraigne Computation,
 with the Change of the Moone, her
 Full and Quarters, and time of
 the Eclipses: and other ne-
 cessary observations, conve-
 nient to be used.

Calculated, and exactly rectified, for
 the Elevation of the Pole Articke, and
 Meridian of the ancient and famous City
 of NEWC^EH, and may serve generally
 for the most part of great
 BRITAIN.E.

Practised, penned, and published,
 by JOHN NEV^E, Gent.

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The Contents of this double Kalender for this year
 of our Lord God 1660. being the Bissextile
 or Leap-yeare, according to the Accompt
 and Computation of the Church

of ENGLAND.

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<i>To Speche.</i>	
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Easter day.	April. 34
Ascencion day.	May. 23
Whitsunday.	June. 2
Advent Sunday.	December. 1

Between Trinity and Advent, are sundays 23.

Between Easter and Ascencion, are 5 weeks & 3 days.
Between Whitsunday & Midsummer is 2 weeks & 1 day.
Between Midsummer & Martinis is 3 weeks and 4 days.
Between Martinis & All Hallows, is 9 weeks & 5 days.

The Foreigner Computation

The Golden Number.	9
The Circle of the Sun.	18
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Shrovetuesday.	February. 27
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The space between Christmas and Shrovetuesday,	18
<i>In weeks and three daies.</i>	
Between Trinity & Advent, are sundays.	24

A briefe and certayne Computation of years.

From the Creation of the World to this present	5610
From the Creation unto the flood	1656
From the flood to Christ	2334
From Moses to Christ	1514
Since the promis'd seed of Abraham	3588
Since the Israclites departed out of Egypt	3158
Since the destruction of Troy	2841
Since Brute entred this Land	2768
Since the building of the Temple of Solomon	2878
Since the building of the City of Rome	2413
Since Nebucadonozor the King	2408
Since Alexander the great dyed	1985
Since Julius Caesar was slain with boldnes	1710
Since the happy birth of our Saviour Christ	1661
Since Jerusalem was destroyed by Titus Vespasian	1578
Since England first recouered the Christian faith	1479
Since the Danes entered England	641
Since the Conquest of England	595
Since the invention of printing	201
Since King Henry viii made Bulloyns	118
Since Kers Murrellion at Norwich	113
Since the infectious sweating sickness	204
Since St. Pauls steeple fild	100
Since the great Plague at Newhaven	92
Since the blizing Starre, and frosty winter	87
Since the very Apparition in the Heavens	87
Since the deep Snow	81
Since the generall Earthquake in England	80
Since the Campe at Tilbury in Essex	73
Since the Powder Treason	56
Since Suttons Hospitall formed	47
Since the last blizing Starre	43
Since the downfall in Black Friers	39
Since the last great Plague	36
Since the fire on London Bridge	39
Since the fight at Edge-hill, Octob. 23.	19
Since the fight at Naseby, June 14.	16

The Anatomy of Mans Body, as the parts
thereof are governed by the twelve
Cœlestiall Signes of the
Zodiacke.

Aries, Head and Face.

♉ Taurus,
Neck and
shoulder.
♊ Cancer,
Breast, Stomach,
and sides.
♋ Virgo,
Belly and
Hips.
♏ Scorpio,
Sectre members
♑ Capricorn,
The hands.



♒ Gemini,
Wings and
shoulder.
♌ Leo,
Heart and
back.
♎ Libra,
Wings and
Legs.
♐ Sagittarius,
The Chest
♒ Aquarius,
The Legs.

Pisces, The feet.

The Characters of the Signs, Planets
and Almens.

♈ Aries, ♉ Taurus, ♋ Gemini, ♌ Cancer, ♈ Leo,
♉ Virgo, ♊ Libra, ♏ Scorpio, ♐ Sagittarius, ♓ Capri-
corius, ♔ Aquarius, ♕ Pisces, ♖ Saturne, ♗ Japicer,
♂ Mars, ☽ Sol, ♀ Venus, ♑ Mercury, ☽ Luna, ☵ Con-
junction, ☶ Sextile, ☷ Quartile, ☸ Trine, ☹ Opposi-
tion, ☻ Caput Draconis, ☼ Cauda Draconis.

January hath xxviij. dayes.

If thou be sick and help wouldest have,
The counsell of the Learned crave:
If thou have health, to keepe thee so,
Flie idlenesse as deadly foe.

1	a	New year day.	Sew.	6 18	d	
2	b		Sew.	20 12	e	Full Moone the
3	c		Cancer	2 19	f	5 day, 56 min.
4	d		Cancer	26 14	g	aft. 9 of the clock
5	e		Canc.	27 18	h	in the forenoon.
6	f	Evening daye.	Leu.	8 16		
7	g		Leu.	20 19	e	
8	a		Gir.	3 48	d	
9	b		Gir.	25 59	g	Last quarter the
10	c	Aqua.	Virgo	26 20	f	13 day, 4 min.
11	d		Libra	1 21	g	aft. 3. of the clock
12	e	January 1st.	Libra	2 22	h	in the afternoon.
13	f		Scor.	3 23		
14	g		Scorpi.	11 24	e	New moone the
15	a		Scorpi.	22 25	d	20 day, 48 min.
16	b		Sagitt.	1 26	g	aft. 2. of the clock
17	c		Sagitt.	25 27	f	in the afternoon.
18	d		Capr.	10 28	g	
19	e	2. Sun. aft. Epiphany.	Capr.	24 29	h	
20	f		Squar.	9 30		
21	g	Day of Ml.	Squar.	25 31	e	
22	a		Monas.	10 1	d	February, 1661
23	b	Termes beginne.	Monas.	25 2	g	Day of Mary,
24	c		Scor.	10 3	f	
25	d	Coni. of Ma.	Art.	23 4	g	Firſt quarter the
26	e		Taur.	8 5	a	27 day, 6. min. af-
27	f	3. Sun. aft. Ep.	Taur.	21 6	ter 7 of the clock	
28	g	Quint. Milla.	Gem.	3 7	g	in the forenoone.
29	a		Gem.	17 8	d	
30	b		Gem.	29 9	e	
31	c		Can.	11 10	f	

February hath xxix dayes;

Be choice of food in any wise,
To keepe thee warm also preddie:
Beware no Surgeon let thee bleed,
Except the learned thinke it good.

	D	Cancer	24 11	G	Full moon the
1	S	Leo	12	A	4 day, 36 min,
2	S	Leo	10 13		aft. 4 of the clock
3	G	Leo	9 14	C	in the morning.
4	A	Li. Vir.	14 15	Q	
5	B	Virgo	24 16	E	
6	E	Libra	5 7	F	Last quarter the
7	D	Libra	17 18	G	12 day 54 min,
8	S	Libra	29 19	A	after 6 of the
9	D	Scorp.	11 20		clocke in the
10	S	Scorpio	24 21	C	morning.
11	G	Scorpi.	7 22	Q	
12	A	Capric.	20 23	E	
13	B	Capric.	3 24	F	
14	C	Capric.	18 25	G	Methias Apoth.
15	D	Aquar.	2 26	A	
16	S	Aquar.	18 27	B	
17	G	Pisces	3 28	E	
18	A	Pisces	18 29	Q	1661.
19	B	Wries	3 1	E	
20	C	Wries	18 2	F	New Moon the
21	D	Taurus	3 3	G	19 day 39 min,
22	S	Taurus	17 4	A	after midnight.
23	G	Tauru.	30 5		
24	A	Gem.	13 6	C	First quarter the
25	B	Gem.	26 7	E	25 day 26 min.
26	C	Canc.	8 8	F	aft. 8 clock at
27	D	Canc.	21 9	G	night.
28	S		19		

March hath xxxi dayes.

New Bleed and Bathe if thou desire,
And Purge also, if need require:
Ill humours doe in many breed,
Provide in time before thou need.

1	D		Leo	3	11	g	Full moone the
2	S		Leo	15	12	d	5 day. 26. min.
3	F	1 Sun.in Lent.	Leo	27	13		aft. 11 of the clock
4	G		Virgo	8	14	s	at night.
5	A		Virgo	20	15	D	
6	M		Libra	3	16	e	
7	H		Libra	14	17	f	
8	E		Libra	26	18	g	
9	E		Scorpio	9	19	a	Last quarter the
10	G	2 Sun.in Lent.	Scor.	21	20	b	13 day, 34 min.
11	S		Dagit.	1	21	g	after 6. of the
12	R		Dagit.	17	22	D	clock at night.
13	B		Dagit.	30	23	e	
14	E		Capp.	13	24	f	
15	D		Capp.	17	25	g	
16	E		Taur.	11	26	a	Annum.of Mary
17	S	2 Sun.in Lent.	Taur.	27	27		
18	G		Pisces	1	28	g	New Moone the
19	R		Pisces	16	29	D	20 day, 40. min.
20	B		Aries	12	30	e	after 9 of the
21	E		Aries	26	31	f	clock in the
22	D		Taurus	11	1	g	morning.
23	S		Taur.	24	2		
24	G	4 Sun.in Lent.	Gem.	9	3		April, 1661.
25	R	Annum.of Mary	Gem.	21	4	g	
26	B		Cancer	5	5	D	First quarter the
27	E		Cancer	17	6	e	27 day 26 min.
28	D		Canc.	19	7	f	after 11. of the
29	S		Leo.	12	8	g	clock in the fore-
30	G		Leo.	23	9	a	noone.
31	R	5.Sun.in Lent.	Virgo.	5	10		

April hath xxx days.

Now wholesome bathes thou mayest frequent,
Let blood also, and not repent:
These be good meanes, thee to defend
From grieves, the which on thee attend.

1	g		Virgo	17	11	C	Full moon the
2	a		Virgo	29	12	D	4 day, about 4.
3	b		Libra	1	13	E	of the clock in
4	e		Libra	13	14	F	the afternoon,
5	d		Scrop.	5	15	G	
6	s		Scrop.	18	16	H	
7	f	Palm Sunday.	May.	1	17	I	after day.
8	g		Sagit.	14	18	C	
9	a		Sagit.	26	19	D	Last quarter the
10	b		Sapph.	10	20	E	12 day, 42 min.
11	s		Capp.	24	21	F	af. 2 of the clock
12	d		Wana.	7	22	G	in the morning.
13	e		Squar.	22	23	H	
14	g		Wikes.	5	24	I	
15	a		Ulic.	31	25	C	like Evang.
16	b		Uris	5	26	D	
17	s		Aries	19	27	E	New Moone the
18	d		Taur.	4	28	F	17 day, about 7
19	e		Taur.	17	29	G	of the clocke in
20	g		Gem.	3	30	H	afternoon..
21	a		Gemin.	17	1	C	
22	b		Gem.	30	2	D	
23	s		Cancer	13	3	E	
24	d		Can.	25	4	F	First quarter the
25	e		Leo	8	5	G	16 day, 7 min.
26	g		Leo	20	6	H	af. 4 of the clock
27	a		Virgo	1	7	C	in the morning.
28	b		Virgo	13	8	D	
29	s	2 sun. aft. East	Virgo	26	9	E	
30	d	Quint Pas.	Libra	7	10	F	

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May hath xxxi dayes.

Rise early now this moneth of May,
And walke the fields that be so gay;
From surfeiting see thou refraine,
For soone it will procure thy paine.

1	b	1st	Libra	19	11	2	
2	c		Scorpi.	1	12	f	Full Moone the
3	d		Scorpi.	14	13	g	4 day, 53 min.
4	e	3 sun. aft. Ea.	Scorpi.	27	14	a	aft. 5 of the clock
5		Tres Pas.	Scorpi.	10	15		in the morning.
6	g		Scorpi.	23	16	c	
7	a		Capri.	7	17	d	
8	b		Capri.	20	18	e	Last quarter the
9	c		Aquar.	4	19	f	11 day, 32 min.
10	d		Aquar.	18	20	g	after 8 of the
11	e	4 sun. at Ea	Pisc.	2	21	a	clock in the mor-
12	g	Mense Pas.	Pisc.	16	22	n	ning.
13			Ursus	1	23	c	
14	a		Ursus	15	24	d	
15	b		Aries	29	25	e	
16	c		Catetus	13	26	f	New Moone the
17	d		Catetus	27	27	g	18 day, 38. min.
18	e		Gem.	1	28	a	aft. 4 of the clock
19			Gem.	21	29	n	in the morning.
20	g	Quin. Pasch.	Cancer	8	30	c	
21	a		Cancer	21	31	d	
22	b		Lea.	3	1	e	1661.
23	c		Lea.	16	2	f	
24	d	Cras. V'cen.	Lea.	28	3	g	First quarter the
25	e		Urs.	10	4	a	25 day, 20 min.
26			Urs.	21	5	c	aft. 9 of the clock
27	g		Urb.	3	6	d	at night.
28	a		Libra.	21	7	e	
29	b		Libra.	17	8	f	
30	c		Scorpio	6	9	g	
31	d		Scorpio	22	10		

June hath xxx dayes.

45
 Drinke new or sweet, taste not at all,
 For thereby growes no danger small:
 And to thy selfe such pastime take,
 As may in God thee merry make.

1	s		Sagitt.	5	11	A	Full moone the
2	f	Wor. N. Day	Sagitt.	19	12	B	2 day, 9 min
3	g		Capp.	2	13	C	after 5 of the
4	a		Capp.	17	14	D	clock in the after-
5	b		Aquar.	0	15	E	noon.
6	c		Aqua.	15	16	F	
7	d		Aqua.	29	17	G	
8	e		Pisces	13	18	H	Last quarter the
9	f	Fr. Day	Pisces	27	19	I	9 day, 38 min.
10	g	Craft. Trin.	Ver.	11	20	J	1 of the clock in
11	a	Sol. in C. & S.	Virg.	25	21	K	the afternoon.
12	b		Can.	9	22	L	
13	c		Can.	23	23	M	John Bapt.
14	d	Term. Day	Gem.	6	24	N	
15	e		Gem.	20	25	O	New Moone the
16	f	Sun. af. Trin.	Cancer	3	26	P	16 day 20 min.
17	g	Qda. Trin.	Cancer	16	27	Q	3 of the clocke
18	a		Can.	29	28	R	in afternoon.
19	b		Leo.	11	29	S	
20	c		Leo.	24	30	T	1661.
21	d		Virgo	5	1	U	
22	e		Vir.	18	2	V	
23	f	Quin. Trin.	Virgo	29	3	W	
24	g	John Bapt.	Libra	17	4	X	First quarter the
25	a		Lib.	23	5	Y	24 day, 15 min
26	b		Scop.	5	6	Z	aft. 3 of the clock
27	c		Scop.	17	7		in the afternoon
28	d		Sagitt.	0	8		
29	e		Sagitt.	13	9		
30	f	Sun. af. Trin.	Sagitt.	27	10		

July hath xxxi dayes.

Perfume thy house with favours sweet,
But such as art for purpose meet:
Abroad as thou in streets dost goe,
Defend thy selfe from stinkes also.

1	g	Tres Tri.	Cappit.	11	11	c	full moone the
2	a		Cappit.	25	12	d	1 day, 26 min.
3	h	at some ende.	Square.	10	13	e	after 2 of the
4	e		Square.	24	14	f	clock in the mor-
5	b		Wise.	9	15	g	nning.
6	s		Wise.	24	16	h	
7		4 sun. aft. Tri.	Wries	8	17	i	
8	g		Wries	21	18	c	Last quarter the
9	r		Taurus	6	19	d	8 day, about 26
10	u		Taur.	19	20	e	day about 7 of the
11	s		Gem.	5	21	f	clocke in the
12	d		Gem.	16	22	g	afternoon
13	e		Gem.	29	23	h	
14	z	5 sun. aft. Tri.	Cancer	12	24	i	JamesApolle,
15	g		Cancer	25	25	c	
16	a		Leo	7	26	d	New moone the
17	b		Leo	20	27	e	16 day, 44 min.
18	c		Virgo	2	28	f	af. 3 of the clock
19	d		Virg.	14	29	g	in the morning.
20	e		Wt.	26	30	h	
21	z	6 sun. aft. Tri.	Libz.	7	31	i	August. 1661.
22	g		Libz.	19	1	c	
23	a		Scorp.	1	2	d	First quarter the
24	b		Scorp.	13	3	e	14 day, 11. min.
25	c		Scorp.	25	4	f	after 8, of the
26	d		Hagitt.	8	5	g	clock in the fore-
27	e		Hagitt.	21	6	h	noon.
28	z	7 sun. aft. Tri.	Cappit.	5	7	i	Full moone the
29	g		Cappit.	19	8	c	31 day 32 min.
30	a		Squa.	4	9	d	af. 10 of the clock
31	b		Squa.	18	10	e	in the morning.

A good book for dates.

As burning heat will thee destroy,
So shivering cold will thee annoy;
Lie little sleepeth now content,
Purge not, nor bleed, lest thou repent.

1	C	Lammas day	Wist.	3	11	I	
2	D		Pisces	29	12	G	Last quarter the
3	E		Aries	3	13	H	7 day, about 2
4	F	8 sun. aft. Tri.	Aries	18	14		in the morning.
5	G		Taur.	2	15	C	
6	H		Taurus	16	16	D	
7	I		Taur.	3	17	E	New Moone the
8	J		Gem.	13	18	F	14 day, 44 min.
9	K		Gem.	26	19	G	aft. 5 of the clok
10	L	9 sun. af. Tri.	Can.	9	20	H	in the afternoon.
11	M		Cancer	21	21	C	
12	N	10 in Virgo	Leo	4	22	D	
13	O		Leo	16	23	E	
14	P		Leo	28	24	F	
15	Q		Virgo	10	25	G	
16	R		Virgo	22	26	H	FirR quarter the
17	S		Libra	4	27	A	12 day, 7 min.
18	T	10 sun. aft. Tri.	Libra	16	28	B	aft. 10 of theclock
19	U		Lib.	27	29	C	at night.
20	V		Scor.	9	30	D	
21	W		Scor.	22	31	E	
22	X		Sagit.	4	1	F	
23	Y		Sagit.	17	2	G	
24	Z	Barthol. Ag.	Sagit.	30	3	H	Full Moone the
25	aa		Capp.	13	4	A	29 day, 31 min.
26	bb	11 sun. af. Tri.	Capp.	28	5	B	aft. 6 of the clock
27	cc	12 sun. af. Tri.	Aquar.	12	6	C	in the afternoon.
28	dd		Aquar.	27	7	D	
29	ee		Pisces	12	8	E	
30	ff		Pisces	27	9	F	
31	gg		Aries	12	10	G	

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September hath xxvii daies.

Raw fruit though ripe, may sicknesse bring,
Unripe much eaten, a dangerous thing:
If now a Surfeit thou dost take,
When others sleep, then thou must wake.

1.		12 sund.aft.Tr.	Tries	27	11		Last quarter the
2.	G		Taur.	11		E	5 day, 15 min.
3.	a		Taur.	26	13	D	af. 11 of the clock
4.	b		Gem.	9	14	E	in the morning.
5.	e		Gem.	23	15	F	
6.	D		Cans.	6	16	G	New moone the
7.	E		Cancer	18	17	H	13 day, about 11
8.	g	13 sun.aft.Tr.	Leo	1	18		of the clock in
9.	y		Leo	13	19	E	the forenoon.
10.	a		Leo	25	20	D	
11.	b		Virgo	7	21	E	
12.	c		Virgo	19	22	F	
13.	D		Libra	1	23	G	First quarter the
14.	E	14 sun.aft.Tr.	Libra	13	24	H	18 day, about 3.
15.	g		Lib.	24	25		of the clock in
16.	o		Scorpio	6	26	E	the afternoon.
17.	s		Scor.	18	27	D	
18.	h		Sagitt.	1	28	E	
19.	r		Sagitt.	13	29	F	
20.	n		Sagitt.	29	30	G	
21.	p	15 sun.aft.Tri.	Capr.	9	1	H	1661
22.	z		Capri.	22	2		
23.	q		Nept.	6	3	E	
24.	z		Equator.	2	4	D	
25.	b		Pisces	5	5	E	Full moone the
26.	r		Pisces	20	6	F	18 day, about 3
27.	n		Tries	5	7	G	of the clock in
28.	p		Arcteg	20	8	H	the morning.
29.			Cant.	5	9		
30.	f		Cant.	20	10	E	

October hath xxxi dayes.

Warne clothes must now provided bee,
Also warne meates be good for thee :
Have good regard thy feet be dry,
Thou shalt avoid much harme therby.

I	a		Gem.	4	11	D	
2	b		Gem.	18	12	E	Last quarter the
3	c		Cancer	2	13	F	5 day, 27 min.
4	d		Cane.	15	14	G	aft. midnightr.
5	e		Canc.	28	15	H	
6	f	17 sun. af. Tri.	Leo	10	16	I	
7	g		Leo	22	17	J	
8	a		Virgo	4	18	K	Luke Eyan.
9	b		Vir.	16	19	L	
10	c		Virgo	28	20	M	New Moon the
11	d		Libra	9	21	N	13 day, 48 min. af.
12	e		Libra	21	22	O	4. of the clocke
13	f	Sol in Scrop.	Scopio	3	23	P	in the morning.
14	g		Scop.	16	24	Q	
15	a		Scopit.	28	25	R	
16	b		Scopit.	10	26	S	First quarter the
17	c		Capp.	23	27	T	16 day, about 9
18	d	Luke Eyan.	Capp.	6	28	U	of the clock at
19	e		Equar.	19	29	V	night.
20	f	16 sun. aft. Tri	Equar.	2	30	W	
21	g	Trees Mitha.	Equar.	16	31	X	
22	a		Wicces	14	1	Y	Novemb. 1651.
23	b	Termes begin.	Wicces	25	2	Z	
24	c		Bries	14	3	A	Full Moon the
25	d		Bries	25	4	B	17 day, 1 of the
26	e		Taur.	14	5	C	clock afternoon.
27	f	Wicces Mie.	Taur.	28	6	D	
28	g	Simon & Jud.	Gem.	13	7	E	
29	a		Gem.	27	8	F	
30	b		Gem.	10	9	G	
31	c				10	H	

November hath xxx dayes.

If Rheumes doe now molest thy head,
It is not ill to sweat in bed :
Feed on good meates, if stomacke serve,
Else seeke for that which doth preserve.

1	D	All Saizer.	Can.	24	11	G	
2	e	Ell. Monies	Leo	6	12	A	Last quarter the
3	g	Craft. Unim.	Leo	19	13	E	3 day, 38 min.
4	a		Virgo	3	14	E	2 ft. 5 of the clock
5	b		Virgo	13	15	D	in the afternoon.
6	c		Virgo	24	16	E	
7	d		Libra	2	17	F	
8	e		Libra	18	18	G	
9	f		Libra	30	19	A	New moone the
10	g	22 sun. aft. Tr.	Scor.	12	20	C	11 day, 18 min.
11	h	apartin bly.	Scor.	24	21	C	after 10 of the
12	i	Set in Sag.	Sagit.	7	22	D	clock at night.
13	j		Sagit.	20	23	E	
14	k		Cephei.	3	24	F	
15	l		Cephei.	16	25	G	First quarter the
16	m		Capri.	29	26	A	19 day, 23 min.
17	n	23 sun. aft. Tr.	Scor.	13	27	C	after 6 of the
18	o	Od. May.	Scor.	27	28	C	clocke in the
19	p		Pisces	10	29	D	forenoon.
20	q		Pisces	24	30	E	
21	r		Tristis	5	1	F	
22	s		Tristis	23	2	G	
23	t		Cetus	8	3	A	
24	u	24 sun. aft. Tr.	Tent.	27	4	C	
25	v	Quint. Ma.	Tent.	7	5	C	
26	w		Gem.	21	6	D	
27	x		Gem.	9	7	E	
28	y		Can.	18	8	F	
29	z	Term. ends	Leo	1	9	G	
30	aa		Leo	15	10	A	

December hath xxxi dayes.

New cold December is come in,
And poore Mans backe is clothed thin:
Feed and clothe them as ye may,
The Lord will it threefold repay.

1				Leo	27	11	
2	G	a		Virgo	9	12	C
3	a	b		Vir.	21	13	D
4	b	e		Libra.	26	14	E
5	e	d		Libra	14	15	F
6	d			Libra	21	16	G
7		e		Scor.	8	17	A
8			1 Sun, in Adv.	Scor.	20	18	B
9	G	a		Sagit.	3	19	C
10	a	b		Sag.	15	20	D
11	b	c		Sagit.	29	21	E
12	c	e		Cap.	12	22	F
13	e	d		Cap.	26	23	G
14	d		3 Sun, in Adv.	Squar.	9	24	A
15				Vener.	23	25	B
16	G	a		Pisces	7	26	C
17	a	b		Pis.	21	27	D
18	b	e		Aries	5	28	E
19	e	d		Aries	19	29	F
20	d			Taur.	3	30	G
21		G	7 Sun, in Adv.	Taur.	17	31	A
22		a	4 Sun, in Adv.	Gem.	1	1	
23	G	a		Gem.	15	2	C
24	a	R		Gem.	25	3	D
25	R	b		Cancer	13	4	E
26	b			Canc.	26	5	F
27		D		Leo	9	6	G
28	D			Leo	22	7	A
29				Virgo.	4	8	
30	G			Virgo	17	9	C
31		G		Virgo	28	10	D

1661.

Full moone the
25 day, 8 m. aft
2 of the clock in
the afternoon,

NEVE. 1661.

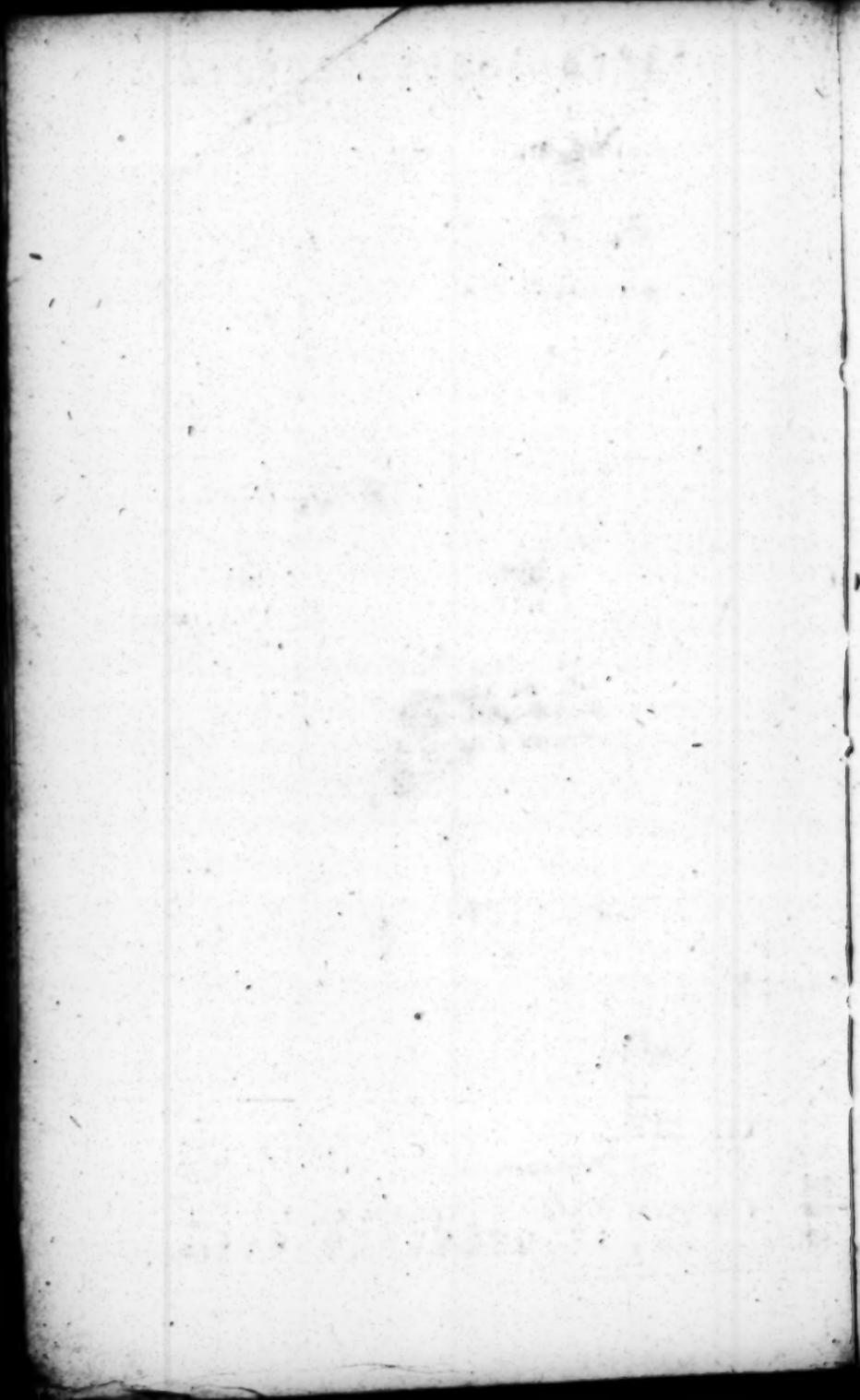
A PROGNOSTICATION,
Serving for the yeare of our
Lord God and Saviour
JESVS CHRIST
1661.

Wherein you may observe the
grounds of the alteration and conditi-
on of the Foure Quarters of this yeare: As
also the disposition of the Aire, for each se-
verall Moneth, according to the inclinati-
on of the Celestiall bodies, with the change of the
Moone, her full, and Quarters, and the time
of the Eclipses, with other things fit to
be knowne and observed.

Calculated, and especially referred to
the Longitude and Elevation of the
Pole Artick, of the ancient and famous City
of *Norwich*, and may serve generally
for all ENGLAND.

Collected, composed and pub-
lished by *John Neve Gent.*

Printed at London for the Company
of Stationers. 1661.



A Briefe and necessary Rule, for the
beginning and ending of the foure
Termes, with their Returns.

Hilary Terme begins Januari 23 and endeth Febr.
13 and hath foure Returns.

Ostab. Hilar. Ianu. 21 } } Crast. Purif. Febr. 4.
Quind. Hilar. Ianu. 28 } } Ostab. Purif. Feb. 9:

Easter Terme begins 17 dayes after Easter, and ends
foure dayes after Ascencion day, & hath 5 Returns

Quind Pasch. Aprill 29 } } Quinq; Pasch. May 20.
Tres Pasch. May 6. } } Crast. Ascen. May 24.
Mense. Pasch. May 13. } }

Trinity Terme begins the Friday after Trinity Sun-
day, and ends the Wednesday fortnight after, and
hath foure Returns.

Crast. Trin. Iune 10. } } Quind. Trin. June 25.
Ostab. Trin. June 17. } } Tres Trin. July 1.

Michaemas Terme begins October 23 and endeth
the 28 of November, and hath sixe Returns.

Tres Mich. Octob. 21. } } Crast. Mart. Novem. 12
Mense. Mich. Octob. 28. } } Ostab. Mart. Nove. 18
Crast. Anim. Novem. 4. } } Quind. Mart. Nove. 25

Note that the Exchequer openeth 8. dayes before
any Terme begins, except Trinity Terme, in which
it openeth only foure dayes before.

On these dayes following, the Judges
sitt not at Westminister.

In { Hillary } Tearme, on { Candlemas
Easter } Ascension
Trinity } Midsummer
Michael. } Alholland } Day.

A most plaine and easie table, shewing the true
time of the beginning, continuance, and yeares since,
the Reign of each King and Queen, in England from
the Conquest, until this year 1661, collected forth
of Chronicles, and set forth for the profitable
use of Lawyers, Scriveners, &c.

The Kings Names.	Began their Reign.	Reigned yeares. h. o. d.	Since their Reign.
W. Conqu.	1066 Oct. 15	20.y. 11.m. 22.d	595. Sept.
W. Rufus;	1087 Sep. 9	12.y. 11.m. 19.d	574. Aug. 1
Henry 1.	1100 August 1	25. y. 4. m. 1.d	561. Dec. 2
Stephen.	1135 Decem. 2	18.y. 11.m. 18.d	526. Oct. 25
Henry 2	1154 Oct. 25	34. y. 9. m. 1.d	507. July 6
Richard 1	1189 July 6	9. y. 9. m. 0.d	472. Apr. 6
King John	1199 Aprill 6	17. y. 7. m. 0.d	462. Oct. 19
Henry 3	1216 Octo. 19	56.y. 1. m. 0.d	445. No. 16
Edward 1	1272 Nov. 16	34. y. 8. m. 6.d	389. July 7
Edward 2	1307. July 7	19. 7. m. 5. d	354. Jan. 25
Edward 3	1326 Janu. 25	50. y. 5. m. 7.d	335. Jun. 21
Richard 2	1377 June 21	22. y. 3. m. 14.d	284. Sep 29
Henry 4	1399 Sept. 29	13. y. 4. m. 3.d	262. Mar. 20
Henry 5	1412 March 20	9. y. 5. m. 24.d	24. Au. 21
Henry 6	1422 Aug. 31	38. y. 6. m. 8.d	239. Mar. 4
Edward 4	1460 March 4	22.y. 1.m. 8.d	201. Apr. 5
Edward 5	1483 Aprill 9	0.y. 2. m. 18. d	178. Jun. 22
Richard 3	1483 June 22	2. y. 2. m. 5. d	178. Au. 22
Henry 7	1485 Aug. 22	23.y. 10.m. 2.d	176. Au. 22
Henry 8	1509 April 22	37.y. 10.m. 2.d	152. Ap. 22
Edward 6	1547 Janu. 28	6.y. 5. m. 19.d	115. July 6
Queen Ma.	1553 July 6	5.y. 4. m. 22. d	108. No. 19
Queen Eliz	1558 Nov. 17	44.y. 4.m. 16.d	103. Mar. 24
King Jam.	1602 Mar. 24	22. y. 0.m. 3.d	59. Mar. 27
King Char.	1625 Mar. 27	24.v. 10.m. 2.d	26. Ian. 30

K.Ch. 2. ~ 648.lap.30 whom God grant long to reign

NEVEL 1661.

Of all the Eclipses which shall
happen this present yeare of
our Lord God 1661.

There Eclipses of the Lunares may this yeare be
seen to the Inhabitants of this Earthly Glob;,
whereof two of them shall only be seenne wth us
here in England, being one of the Sun and the o^t
ther of the Moone.

The first Eclipse of the Sun.

The first Eclipse of the Sun will happen upon
the 10. of March in the forenoon being wednesday.

Of the second Eclipse of the Moon.

The second Eclipse is of the Moone, on Thursday
the fourth of April, about fourre of the clock in the
afternoone, at which time about a fourth part of the
Moones body shall be darkned by the passing of her
south part through the earths Conicall shaddow, but
it cannot be seenne of us because the Maridian thereof
is so farre removed to the Eastward, and therefore
it may be seen in the East India, in Iava the greate
and leste, and in the Orientall Kingdome of Bengala.

Of the third Eclipse of the Sun

The Third Eclipse is of the Sun upon Saterday
the 13. of September about noon, but cannot be seen
of us in respect of the great South Latitude of the
Moone, which being increased by her Parallax, doth
farr exceed the Sun of the two Semidiameters, but
to them who live under the Longitude 23. deg. and
about 36. deg. of South Latitude. The Sun will ap-
peare almost totally darkned, and therefore it will be
visible in Africke the South, the Island of S. Thom-
as, and in the neighbouring Tract of the Southern
land yet unknowne to us.

Of

A Prognostication.

Of the Fourth Eclipse.

The fourth Eclipse will be seen with us on Saturday the 28 of September in the morning, being a small particle Eclipse of the Moon.

The great conjunctions of great Starrs,
The Eclipse of Sun and Moon :
Doth threaten great death, great Dearth and wars,
If we repent not soon.
Now God above, and wrath above,
And Heaven above relent :
And man beneath, and sin beneath,
And earth beneath Repent.

Some



Some briefe Rules for Husbandry and Gardening.

The best time to sow all kind of corne, is when the Moon is in Cancer.

The best time to plant and graft, is in the increase of the Moon, the being in Taurus, Virgo, or Capricornus.

Remove and set young trees from October till February, in the first quarter of the Moon, shee being in Taurus or Capricornus.

Crop trees and fell wood, that the stock may be better and sooner grow again, when the Moon is in the first quarter.

Fell timber in December and January, in the old of the Moon is best: but if you would have it grow again, cut it down in the new of the Moon.

The best time to cut Clines, is in the end of January, in February, and in the beginning of March, the Moon increasing in Taurus, Virgo or Capricornus.

Cut hedges between the change and full, from the end of January, till the beginning of June.

Set and sow all kind of seeds, the moon being in Aries, Taurus, Cancer, Virgo, Libra, Capricornus, Aquarius, or Pisces: But the seeds whose roots be round, must be sowne three or four daies before or after the full moon.

Gather all manner of fruits, near the full Moon, in a dry time, gather flowers, and seeds for sowing, at the full of the Moon.

Geld cattell, the Moon being in Aries, Sagittarius, or Capricornus: Sheare sheep, cut hair that it may the sooner grow again: the Moon increasing, that is from the change to the full.

To muck your land that weeds may not abound, is best in the last quarter of the Moon.

A fit time to kill fat swine is in the increase, nigh

A Prognostication

the fall of the Moon, the said will the better endure
the boylng.

Destroy wens, warts, and Cernes &c. In the last
quarter of the Moon.

Brief Rules and necessary Ob- servations concerning Bleeding, Bathing, Purging, and sweating, ac- cording to the motions of the Moon.

Of bleeding.

When the weather is extreme hot or cold, it is
not then convenient either to let blood or
purge, unlesse some great necessity require it: yet notwithstanding if this blood-letting be for the Phrenzie,
the Apoplezie, for a continual headache, pro-
ceeding of Choler or blood, or any hot burning feare,
or other extreme pain, a man in such a cause, may not
stay for a chosen time, because the patient might
merry in the mean season, but in this aforesaid cause of
extremity, blood is not to be let in such a quantity
as otherwise it would, if a chosen time might be con-
veniently expected.

The best time to let the Phlegmatick blood, is
when the moon is in Aries, or Sagittarius, the head and
thighes excepted.

For melancholy, the moon being in Libra, or Aquari-
us, the buttocks and leggs excepted.

For the Cholerick, the moon being in Cancer, Scor-
pio, or Pisces, the breast and feet excepted.

For the Sanguine, all be good which before is no-
med,

In the Spring time let blood at the right side.

In Harvest time, let blood on the left side.

Of

NEVE 1661.

Of Bathing.

Bathing's are commonly used rather for pleasure than for profit, especially where hot houses are overmuch vaunted, but I inten' not to speak of them otherwise than to advise the those that render there own health to be wary and circumspect in resorting unto them without cause, and immediately after or with such persons, as be unclean.

Know it is not good to Bath, the moon being in earthly signes, as in Taurus, Virgo, or Capricornus, the reason is, because they are of a cold nature; and the nature of cold, is to restrain and bind: and so the Moon being in these signes, the pores of the body are closed and shut: So there can be no resolution of humours and superfluities, which by bathing ought to be avoided.

But in fiery signes, when the moon is in Aries, Leo, or Sagittarius, then it is a good tyme for bathing, for then the body is apt to resolution: for it is the nature of heat, to open and resolve.

It is best bathing two or three daies after the change, and at the full of the moon, for then the superfluities are ripe and ready to be aborded, and prepared to flow and issue out, which indeed is the true use of bathing.

If any will enter the Bath for cleanesse sake, let the moon be in Libra or Pisces.

Furthermore if bathing be used for health, let the party grieved leare of the use Physician, whether his sickness he had need of moistening or drying: for if it require moistening, as in Phthisis, and such like, then let him bath in watry signes, having good aspects with Jupiter or Venus, But if the sickness require drying, as in Paralys, and the like, then let him bath, the Moon being in fiery signes, having good aspects with Mars and the Sun.

Also before you enter into any bath, your body must be first prepared and purged, for if you go unprepared, veraydenesse you may be worse than before.

The best time of the year to bath is in the Spring, and in Harvest, & in the months of May and September.

The

A Prognostication.

The best time of the day to go into the bath is one hour after the sun-rising at the least, alwaies provyded, that you walk either an hour, or half an hour before, and have a stool either by nature or art: you must cover your head well, so long as you be in the bath, and beware you drinke not cold drinke, although you be very thirsty, but forbeare all thynge that be cold, lest when you are hot wchdn, cold strike suddenly into some principall member and hurt you.

The time of tarrying in the bath is commonly one hour, but it may be more or lesse, according to the nature of the bath, or sicknes of the party, at the discrecion of the wise Physitian.

For purging.

In purgiug these five things ought to be known.

1 } The humour whiche abeundeth.
2 } The best way to avoide it.
3 } The strenght of the person.
4 } The manner of the sicknes.
5 } The force & nature of the me-
dicne.

For when these thynge are not considered and obserued, many perillous accidents may follow, and greatly hurt the body,

Good signes generally for purging, are Cancer, Scorpio, and Pisces, particularly with potions or drynks, the Moon being in Scorpio.

Purge with Electuaries, the Moon being in Cancer, purge with Pissis the moon being in Pisces.

Take preparatives, the moon being in Gemini, Libra, or Aquarius.

Take vomits, the moon being in Aries, Cancer, or Capricornus.

Take Glisters, the moon being in Libra or Scorpio.

To provoke Meesings, the moon being in Cancer, Leo, or Libra.

To stop Fluxes, Rheumes, AND Laxes, the moon being in Taurus, Virgo, or Capricornus.

Good to comfort the vertue Attractive, the moon being in Aries, Leo, or Sagittarius.

Good to comfort the vertue digestive: the moon being in Gemini, Libra, or Aquarius.

Good

Good to comfort the vertue re:entive, the moon being in Taurus, Virgo, or Capricornus.

Good to comfort the vertue Expulsive, the moon being in Cancer, Scorpio, or Pisces.

For using of Unguent, or plasters, they are best to be applied and used, when the moon is in that member or signe which governeth that part of the body, to which it is applicable.

For sweatings.

Sweatings as they are of two sorts, that is to say, naturall and artificiall, so they are used for two ends and purposes: the Naturall sweat, if good heed be taken in opening of the pores, will dissolve grosse and thick humours, will cleanse the blood, will comfort the spirits, will put away cold, will consume raw humours, qualifie and quench raging fevers, will help numnesse, and the dropsie.

The Artificiall sweat will cleanse scabs, put away itch, amend dulnesse in hearing, ease the stone, resolve congealed and cold humours, and melancholly blood.

But for the better performing and effectuall working of these causes, the Counsell of the learned Physician is to be desired and used.

The best or meetest signes to sweat in, are Aries, Leo, and Sagittarius, and that two or three daies after the Change, and at the full moon.

And note that sweating is better to be done, in the evening then in the morning: for when the body hath nourishment within, the spirits shall not so easily be drawn forth to the extrem parts.

Note further, that lean folks, and dry or feeble persons, must sweat little, for it will hurt them much: but fat folks, may sweat well, and it will do them much good.

A Prognostication.

A brief Description of the Four Quarters of this present year of our Lord God, 1661.

Qf Winte

WInter which is the chiefeſt losſe to the Spring, (the disgrace of Summeſter, and the Deep dehoureſ of the fruitfull harveſt) began to take his effeſts, according to our uſual computation, on the 1st of Decembeſter in the year afore going, at the entrance of the Sun, into the ſiſt minute of the Signe Capricornus, at which time the Sun shall be at his greateſt South declination, from the Equinoctiall line, ſo that he riſeth South Eaſt, and ſeteth South West.

Now is the Hyemal or winter ſolstice, for the Sun is ſo far removed from our Zenith, or verticall point, that he cannot decline any further, & standeth at a hoy of day, and then is the worrefull day and longeft night in the year, and ſo this Quarter doth continue until the 10th of March next following.

This ſeafon is, by nature, cold and moist, unpleaſant for the moſt part to travellers, either by Sea or Land, and unco ages perſons, it is very combiuſe and noyſome, cauſing ſuperfluities of rauineſſe, and abundance of cold mouilleneſſe to over flow their bodies, to their great troubles and diſquietneſſe.

The diſeaſes and ſickneſſe, moſt like to affeict men's bodies this quarter, will be Rhumes, Coughs, Poxes, quotidian Fevers, Gouts, Palpitac, Flurz, Cramps, Convulſions, Epileptia, Apopplexia, Colicke, raw undigested Humours, Hoarseneſſe, and many cold Diſtillations, into iuſtral parts of the body.

Thus will the ſtarts if God aſent,
Whose power alone can all prevent.

Of

NEVE. 1661.

Of the Spring.

The Sun (which is the eye of the world, the fountain of light, and the chiefe moderator of all the rest of the lights) hath like a Gyaat run his race, and finisched his revolution (Gradacim) throughout the 12 signes, and now this 10 of March beginneth his journey alrem again, and goeth an even course, and to becomes an indifferent Arbitre, betweene the day and night, and maketh an Equality throughout his whole government, to the great joy and comforte of all his rebled Subiects, cheating with his splendent countenance, the poor weather-worn weare of this our dark staine of mortallity (whiche the wretched Countenance of winter's extremity, had almost subdued) with his excellent presence, whereat the earth beginnes to smile, and to put on her new apparell, the flourishing Liveries of fresh Flora.

This season is by nature hot & moist, the most temperate time of the year, and the least breeding of sickness that doth procure death, and a very convenient time for the remouing of sickness and grieses gotten before, and also to abord and prevent those that are to come, for now the dull sensess and spirites of man and other creatures are quietned and revived, and therefore the humours which do abord, and are readiest to oppresse naturall, are sicke to be expellid and avoyded whether by blood letting, purging, or otherwise, as the learned Physician shall advise, and as the cause of the disease shall require: such therefore as be diseased, let them not neglect this time.

Sundrie sorts of Sicknesses, and infirmities are subject to this quarter, as Tertiaries, and uncontant Fevers, obstructions in severall parts, Jaundies, Swellings, hot Impotencies, Quinancies, bleeding at the Nose, wch Runnes, Boiles, small Pox, Tetteres paine in the head and eyes, Meles, Kings-evil, Prickly Fevers, and many other diseases which may proceed of the corruption of the bloud.

Infection from the stars may fall,

But one above doth stay them all.

Of

A Prognostication.

Of Summer.

Summer the third part of our vulgar year, according to our usuall computation: Now when the Sun hath fully determined the spring, with his last Grade of Gemini, and moved in his motion, to the highest point of his course, namely to the first entrance of Cancer, which shall be this year the 21. of June. Now is the second solstice of the year, called the festivall of Summer solstice: for even as the Sun, when he entereth Capricorn, hath his greatest South declination, from the Equinoctiall: So now at his ingresse into the beginning of Cancer, he hath his greatest declination toward the North from the said Equinoctiall line: and even as at that time of the winter Solstice, he was so far remoed from our verticall point, that he could move no further towards the South, and was therefore to approach again towards our North latitude, at which time he seemeth to stand: So now heing come so near to our Zenith that he cannot remove no further towards the North, and is therefore to revert again to the South Latitude. At the first going from us he seemeth also to stand, insomuch that even as before at his return toward us again, hee made with us the shoritest day and longest night in the year: So now at his return from us, he maketh with us contrariwise, the longest day and shortest night in the year: afterwards declineth more and more from us, like as before he moved more and more towards us.

This season according to his proper nature, is hot and dry turning the humours of mens bodies; into hotnes and drynes, resembling the element of fire, and complexion of Tholer, bringing all fruits to their ripenesse, cattle to their farnesse, and men to their wealth.

The infirmities likely to molest and trouble us this quarter are according to the judgements of Hippocrates and other learned writers of Phisiche, are hot burning Fevers, Phrenzies, Inflammations, Plurishes

ries, impostumes of the lungs, Sharpnisse of Urine
Strangury, Ulceration of the blood, spotted Fevers,
pestilente Fevers, heat of bloud, and choller.

Though Starrs incline to work us ill,
All shall be as the Maker will.

Of Autumne.

Autumn, according to our accustomed computation, the last quarter of the year beginneth at the Suns departure, from the last scruple of Virgo, into the first entrance of the second Equinoctiall signe Libra, the which will be this year, on the 13. day of September, the day and night being of an equal length, as in the spring: at which time is the Autumnall Equinoctiall, for even at the Suns entrance into Aries, the day increasing from the Winter Solstice, till then came to be equal with the night, going on still more and more till the Summer Solstice, when was the longest day and shorkest night: So now the night by increasing from the Estival Solstice, to the Sunnes ingredience into Libra, hath got to be equal with the day, and shall increase more and more, till the Brumall Solstice come againe, when the night is longest, and the day shorkest.

This time of the yeare is of it selfe unconstant, and variable, warme in the day time, and cold in the night.

This quarter because of the inequality of temperature, may as Hippocrates saith, be called the mother or nurse of deadly sicknesses.

And also Galen saith, that this time of the yeare, is very dangerous for taking sicknesses.

The bodily sicknesses and diseases, commonly attending this time of the yeare, are many as the Stone, paines in the Back and Reines with stopping, and surpressing of Urine, math Joynt aches, Sciaticae, and Gones, Many quartain Fevers, vertigoes, Apoplexies, Pallasses, Lethargies, Convulsions, Cramp

Hc.

A Prognostication.

Hemoroids, Fistulaes, dysenteris, and Fluxes,
Melancholly, destruction, and Madness, & mali-
nese and obstrukcion of the yppen, and such diseases
as may proceed of grosse phlegme, and Melancholly.

Thus every Planet in his kinde,
Is to performe the Almights mind.

A Declaration of the inclination, and
disposition of the Winds and weather, ac-
cording to the severall motions, configurations,
and influences of the erraticall and fixed starrs :
with the day, houre, and minute of the change
of the Moone, her fyll, and quarters : And also
the rising and setting of the Sunne in every
seventh day of every moneth of this present
yeare of our Lord God, 1661.

Of January.

Day.	The sun riseth.	The sun setteth.
1.	houre 8. and 3. min.	houre 3. and 57. min.
2.	hour 7. and 56. min.	hour 4. and 4. min.
3.	hour 7. and 46. min.	hour 4. and 14. min.
4.	hour 7. and 34. min.	hour 4. and 36. min.
5.	hour 7. and 23. min.	hour 4. and 57. min.

Full moone the 5. day 56. min after 9. of the clock
in the forenoon, some fall of moyntaine.

Last quarter the 13 day 4. min. after 9. of the clock in
the afternoon, inclined to raine.

New moon the 20 day 48. min. after 2. of the clock in
the afternoon, frost.

First quarter the 17 day. 6. min. after 9. of the clock in
the forenoone, cloudy weather.

Januaries Abstract.

In this moneth let not blood, neither use but lit-
tle physick, except great necessity constrainte thee, and
beware of taking cold, for this moneth Rheume and
Flegme, doth much increase: to fast long is hurtfull,
but to drinke white-wine fasting is good and whole-
some.

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some, use meates that are naturally hot moderately, and weare waring cloathes.

In wealdy busyness, this moneth you may set all kind of common fruits trees, plants, as peares, plums, silbert, walnut, and such like, bawthorne, and all sorts of quicksetts, or plants, are fittest to be generally sett, from the change to the first quarter.

Take away mosse and superfluous branches from your trees, and this moneth is goon to sett beanes, pease, parsnips, leeks, radish, garlike, turnips, and onions, if the weather prove mild, and the moone past the full, you may begin to graft at the end of this moneth, so as the moone be increasing in her light.

Good husbands also this moneth crop trees, fell timber, and geld cattell, such as are to be gelded, the state of the moone alwaies considered.

Of February.

Day.	The sun riseth.	The sun setteth:
1.	hourey. and 13. min.	houre 4. and 47. min.
7.	hourey. and 4. min.	houre 4. and 56. min.
14.	houre 6. and 50. min.	houre 5. and 10. min.
21.	houres 6. and 34. min.	houre 5. and 26. min.
28.	houres 6. and 22. min.	houres 5. and 38. min.

Full Moone the 4 day 36. min. after 4. of the clock in the morning, answerable to the season.

Last quarter the 12. day 54. min. after 6. of the clock in the morning, somewhat frosty.

New moon the 19 day 39. min. after midnight, stormy and windy.

First quarter the 25. day 26. min. after 8. of the clock at night, winterly weather.

Februaries Abstract.

In this moneth all fluy fish, Milk and Rice, and such like, that doe oppilate and stop the Liver and veines, or thicken the blood, are to be eschewed as enemies to health, and also yet forbeare Physick, and letting of blood, except necessity do urge, and learned Counsell do advise you: beware now of taking Cold, for now are Agues apt to be taken, and it is very ill to take heates and afterwards sudden cold upon them.

Now is the most apt time to graft or plant, and to set all kind of trees and bushes, the wind and weather, & age of the Moon considered, Pease, Beanes, Hastings, Onions, Parsonips, and such like, as in January, may very fitly be set in the wane of the Moon.

A Prognostication.

The time is now to trim up Gardens, to set and sown all kind of Kitchen Herbs, to set slips, sow kernels, mustard-seeds, oats, set hops, cut vines, and proun them; rick up your Rounchalls, eas and Hastings.

Of March.

Day.	<i>Sun riseth.</i>	<i>Sun setteth.</i>
1.	hour 6. and 20. min.	hour 5. and 40. min.
7.	hour 6. and 8. min.	hour 5. and 52. min.
14.	hour 5. and 54. min.	hour 6. and 56. min.
21.	hour 5. and 16. min.	hour 6. and 44. min.
18.	hour 5. and 21. min.	hour 6. and 38. min.

Pull meone the 5. day 2. min. after 11. of the clocke at night, ffitting the season.

Last quarter the 13. day 34 min. after 6. of the clocke at night, windy and unconstant.

New Moone the 20. day 48. min. after 9. of the clocke in the morning, frosty and cold.

First quarter the 27. day 26. min. after 11. of the clocke in the forenoon, inclined to moygare.

Marches Abstract.

In this Moneth the humours of Mars bday begins to encrease, and now gros feeding breedeth gros blood and gros humours, and therefore use meates of good Digestion, & such as breed good juice: it is a good time to purge and clarifie the blood by potions, bathing, and blandletting, & such other waies as the learned Physitian shall appoint, and as the cause of the disease shall require: And this moneth sweetments and drincks are commendable.

The time of grafting as yet endureth, together with setting, sowing, prouyning, plashyng of vines, and hopps, willow, oates, pease, vynes, parsnips, and such like.

Of April.

Day.	<i>The sun riseth.</i>	<i>The sun setteth.</i>
1.	hour 5. and min.	hour 6. and 42. min.
7.	hour 5. and 6. min.	hour 6. and 54. min.
14.	hour 4. and 54. min.	hour 5. and 6. min.
21.	hour 4. and 39. min.	hour 5. and 31. min.
18.	hour 4. and 29. min.	hour 5. and 11. min.

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Pull Moon the 4. day about 4. of the clock in the afternoon, reasonable temperate weather.

Last quarter the 21. day 42. min. after 3. of the clock in the morning, some Apill showers.

New moone the 17. day at 7. of the clock in the afternoon, apt for the time.

First quarter the 25. day 7. min. after 4. of the clocke in the morning, reasonable faire.

Aprils Abstract.

¶ this moneth of Aprill, the pores of mans body art openes, and apt to receive Physick, and they that refuse the same, I commit them to the benefit of nature, for of all times of the yeare, this is the best time to prevent causes of sicknes, or for speedy remedy in extremities, for now nature doth renew strength through all the body: so where sickness batneth the soule unburdeneth by means of Physick, wherefaire what it canst doe now, will hardly be done hereafter, therefore take time while time is, &c.

As yet you may graft and pryne vines, and also set mylins, citrons, cucumbers, artichoakes, and pole-hops, sow barley, Tanners apply themselves to barking of trees.

Of May.

Day.	The sun riseth.	The sun setteth.
1.	hour 4. and 23. min.	hour 7. and 57. min.
7.	hour 4. and 15. min.	hour 7. and 45. min.
14.	hour 4. and 5. min.	hour 7. and 55. min.
21.	hour 3. and 56. min.	hour 5. and 4. min.
28.	hour 3. and 50. min.	hour 8. and 10. min.

Pull Moone the 4. day, 52. min. after 3. of the clocke in the morning, some may drops.

Last quarter the 11. day, 32. min. after 3. of the clock in the morning, overcasting clouds for raine.

New moone the 18. day, 38. min. after 4. of the clock in the morning, faire and pleasant weather.

First quarter the 25. day 10. min. after 9. of the clock at night fitting the season.

Mayes Abstract.

¶ this moneth rise early, for May doth not loose any gardes, and let such as bee in health and able walke into the fields, and eate and drinke betimes for it is good and helosome, abstatine from all meates that be of a hot nature:

A Prognostication;

and such as be sick, it is a very good time of the year to let blood, or to take Physick: such as bee whole, God keepe them in health, and such as bee sick, God send them good Physicians and Physick.

The time is now fitting to sown: Bayliss, Marjoram and such fine seedes as before might not be solvur, because of the coldnesse of the weather. Set Sage according to the proverbe, set sage in May and it will last alway, Solv flax and hemp, set Artichokes, weed your Hops, and Gardens set to your grafts that no superfluous branches trouble them. May dew, Rosemary flowers, and baneflowers, may at your pleasure be distilled this moneth, and now also have a care of wratching your bees.

Of June.

Day. *The sun riseth.* *The sun setteth.*

1.	{ hour 3. and 49 min.	{ hour 8. and 11. min.
7.	{ hour 3. and 46 min.	{ hour 8. and 14. min.
14.	{ hour 3. and 47 min.	{ hour 8. and 13. min.
21.	{ hour 3. and 49 min.	{ hour 8. and 17. min.
28.	{ hour 3. and 58 min.	{ hour 8. and 8. min.

Pull Moone the 3. day, 9. min. after 5. of the clock in the afternoon, cloudy and windy.

Last quarter the 9. day, 38. min. after 1. of the clock in the afternoon, some heate drops.

New moon the 16. day 20. min. after 3. of the clock in the afternoon, inclining to moisture.

First quarter the 24. day, 15. min. after 3. of the clock in the afternoon, somewhat unconstant.

lunes Abstract.

In this moneth, if thou must needs use Physick, take it early in the morning, that it may have wrought before the heatte of the day, and use a light and thin dyet, for the Sommer is not able to digest as in winter, or in some of the former months, and it is very good and convenient for some to drinke clarified whey, boyled with cold herbes, and to abstatine from violent exercise.

Distilling of roses, making of syrups and conserves, are now in prime, now gather such herbes as you meant to keepe all the yere, but be shure you dry them in the shade: Good husbands and huswifes are now weeding their come and gardens, & others bearing their charges, the time serveth to set rosemary, & gillyfloweres, take heed of cutting hedge

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of trees or herbs with knife, but rather gather them with your fingers, how you may let saffron, carry out compost, make hay, rid gardens of mayles, ants, or pismires, &c.

Of July.

Day. The sun riseth.

1.	hour 3. and 54. min.
7.	hour 3. and 59. min.
14.	hour 4. and 7. min.
21.	hour 4. and 20. min.
28.	hour 4. and 30. min.

Full moone the 1. day 26. min. after 2. of the clock in the morning, hot faire weather.

Last quarter the 8. day about 7. of the clock in the afternoon, the sea so.

New moone the 16. day 44. min. after 3. of the clock in the morning, sultry hot weather.

First quarter the 24. day 11. min. after 8. of the clock in the forenoon, some overcasting weather.

Full moone the 31. day 31. min. after 10. of the clock in the forenoon, some overcasting clouds.

Julies Abstract.

In this moneth use cold herbs & meates, abstrain from physick, and now the rivers are more wholesome then the baths, let the sun be up before you walke abroad, in the time of any pestilence or plague, keep your chamber windows always opening them when the sun bath force of shining, and be sure to perfume your chambers every moring with treere upon a chaffingdole of coales, then which nothing is better, and use Carduus Benedictus, Bayliss and Dyneke fassing.

Hay harvest now callis thick bushelins to worke, and such as have leasure, it is good to fallow for wheat, & to cary out straw, & to gather seedes & flowers to keepe all the year, and to dry them in the shade, till they be almost dry, and then let them a while in the sun, & in like maner you may use your herbs.

Of August.

Day. The sun riseth.

1.	hour 4. and 36. min.
7.	hour 4. and 48. min.
14.	hour 5. and 6. min.
21.	hour 5. and 16. min.
28.	hour 5. and 37. min.

The sun setteth.

hour 7. and 34. min.
hour 7. and 12. min.
hour 7. and 6. min.
hour 6. and 44. min.
hour 6. and 59. min.

A Prognostication.

Last quarter the 7. day, about 2. of the clock in the morning, faire weather.

New Moone the 14. day 44. min. after 5. of the clock in the afternoon, apt for the time.

First quarter the 22. day, 7. min. after 10. of the clocke at night, pleasant weather.

Full moone the 29. day 21. min. after 6. of the clooke in the afternoon, inclined to raine.

Augusts Abstract.

I 12 August, moderate dyet is good Physick, for now it is dangerous to surfe, and take heed of heates and then of colds, for nothing sooner engendereth plurisies, and use not to sleep much, especially in the afternoon, for making applications and so avoiding of agues and head-ach & Catarrhs, and how let a man abstaine from physick except necessity doe compell,

Now Lady Ceres lookes to have men enough to attend her, they that would have good seedes for their gardens the next yeare, must now gather of their owne, least by buying they lose their labour and their money, and such as desire to have lettuce, or other hearbs for winter, may sow seedes in the increase of the moone.

Of September.

Day.	The sun riseth.	The sun setteth.
1.	hour 5. and 34. min.	hour 6. and 56. min.
7.	hour 5. and 46. min.	hour 6. and 14. min.
14.	hour 6. and 2. min.	hour 5. and 58. min.
21.	hour 6. and 14. min.	hour 5. and 46. min.
28.	hour 6. and 58. min.	hour 5. and 32. min.

Last quarter the 5. day 15. min. after 11. of the clock in forenoon, reasonable faire.

New Moone the 13 day about 11. of the clock in the forenoon, fitting the season.

First quarter the 21. day, 31. min after 10. of the clock in the forenoon, windy and unconstant.

Full moone the 28. day, about 3. in the moruing, windy and unconstant.

Septembers Abstract.

I 12 this moneth such as have need, may safely take physick, also may bath and bleed. In this moneth all things are in their proper nature and vertue, and such fruits as are ripe and not infected, are good to eate for such as have good stomachs: Time is good to make conserve of Barbaries, and Quinces, winter hearbs may now be sowne, likewise is the time to set Artichokes, Rose trees, Apple trees, Damask roses.

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Strawberries, violets, gilliflowers; Apples are to bee gathered in the full of the moneth, sow Marlenips, and in dry weather gather your Hops; Good husbandry is sowing Rye and Barley, good husbandry is making of Merrie, and plucking of Hemp.

Of October:

Day. The sun riseth. The sun setteth:

1.	hour 6. and 34. min.	hours 5. and 26. min.
7.	hour 6. and 46. min.	hours 5. and 14. min.
14.	hours 7. and 0. min.	hours 5. and 0. min.
21.	hours 7. and 15. min.	hours 4. and 45. min.
28.	hours 7. and 26. min.	hours 4. and 34. min.

Last quarter the 5. day 27. min. after midnight, raine and moyst.

New Moone the 13. day 48. min. after 4. of the clocke in the morning, fyring the seafon.

First quarter the 20. day about 9. of the clocke at night, clouds for raine.

Full moone the 27. day, at 1. of the clocke in the afternoon, cloudy weather.

Octobers Abstract

In this moneth thou mayest take Physick and alle bath
if occasion serue, use hot meates and drynkes, and use good
wholesome wines to nourish good blood, and beware of ta-
king cold, because the quartaine Agnes will be apt to bee
taken, and such other dangerous and ill diseases.

Remove young trees, as apples, peares, plumbs, quinques,
roses, &c. set pease, parsnips, &c. good husbands neede not be
hasted to sowing of wheat, let ruts, acars, and filbirs,
and doeing of such good husbandry.

Of November.

Day. The sun riseth. The sun setteth:

1.	hour 7. and 33. min.	hours 4. and 27. min.
7.	hour 7. and 42. min.	hours 4. and 18. min.
14.	hours 7. and 52. min.	hours 4. and 9. min.
21.	hours 8. and 3. min.	hours 3. and 57. min.
28.	hours 8. and 9. min.	hours 3. and 51. min.

Last quarter the 3. day 38. min. after 5. of the clocke in the
afternoon, winterly weather.

New moon the 11. day, 18. min. after 10. of the clocke at
night, some snow or raine.

First quarter the 19. day, 33. min. after 6. of the clocke in the
morning, fyring the seafon.

A Prognostication.

Fell Moone the 26. day 38. min. after midnight, frosty and cold.

Novembers Abstract.

In November thinke the physick you meane to take, & so rest till March, except some great necessity doe constraine you. Use good meate, and holsomewine to nourish thy blood provide thee warme cloathing and goo dzy of thy feet, or else be sure to be troubled with Rheume and Pisse, besides some other inconvenience that will ensue. Beware of the Ver-
hause this moneth, and use Betony and Cynamou in drinke.

In the newe of the Moone, you may remoue young trees, as in the last moneth, and let Crabtree Rockes to graft on, when you please, it is good time in the wane of the moone to set pease, and beanes, and if the weather be not hard, it is good setting of Parcelsys, good making of malt, and killling of Beves or swines.

Of December.

Day. The sun riseth: The sun setteth.

1.	hours 8. and 18. min.	hours 3. and 48. min.
7.	hours 8. and 14. min.	hours 3. and 46. min.
14.	hours 8. and 15. min.	hours 3. and 45. min.
21.	hours 8. and 12. min.	hours 3. and 48. min.
28.	hours 8. and 7. min.	hours 3. and 53. min.

Last quarter the 3. day 25. min. after 2. of the clock in the afternoon, cold and clouey weather.

New Moone the 11. day 22. min. after 2. of the clock in the afternoon, stormy feake weather.

First quarter the 18. day about 3. of the clock in the afternoon, winterly weather.

Full moon the 25. day 38. min. after 2. of the clock in the afternoon, wet and windy.

Decembers Abstract.

In this moneth of December, keepe thy body and head from cold, and eate such meates as be of a hot quality, abstaine from Physick, & let thy Kitchen be thy Apothecary, warme cloathing thy nurse, merry company thy keeper and good hospitality thy exercise.

Repose trees and bushes, if the weather prove not too extreme, in the wane of the moone, set beanes, pease, and those heards that cannot endure the cold, cover them with straw from the frost and snow.

Soli Sapienti Deo Sola Gloria;

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